

A Woman's Body Is A Temple

Dedication

To Him who breathed life into me when I was dead in my sins and gave me strength to stand up on my two feet to behold and live a new life as a new creature in Him. I dedicate this book to my one and only Sovereign Lord God; the Lover of my soul. To You my beloved Jesus, my heavenly Father and my Helper and best friend Holy Spirit of God. To You the only true God; the Creator and Establisher of the heavens and the earth and all that is in them. To Him alone who is worthy of all adoration, be honour and glory forever and ever, Amen.

Contents

- **INTRODUCTION**.....1

- **Chapter 1 : OUTER COURT – Friendship**
 - I. [The Fence](#)7
 - II. [The Overall Tabernacle](#)11
 - III. [The Gate](#)17
 - IV. [The Brazen Alter](#)39
 - V. [The Brazen Lavar](#)68
 - VI. [The 5 Pillars](#)74

- **Chapter 2 : THE HOLY PLACE – Courtship**
 - I. [The Lamp-stand](#)103
 - II. [The Shew-bread](#)109
 - III. [The Golden Altar of Incense](#)119

- **Chapter 3 : HOLY OF HOLIES – Marriage**
 - I. [The Veil](#)129
 - II. [The Ark of Covenant](#)131
 - III. [The Mercy Seat](#)142

- **Chapter 4 – OUTER BEAUTY**
 - I. [Salads & Gyms Are Not Only For Celebrities.](#)147
 - II. [Dirtness Is A Demon](#)157
 - III. [Putting On Make-up](#)162
 - IV. [Dressing How You Want To Be Addressed](#)166

- **CONCLUSION**

- **ACKNOWLEDGEMENTS**

- **REFERENCING**

- **CONTACT**

Dephne Victorious Madyara

Chapter 1

THE OUTER COURT

Friendship

A Woman's Body Is A Temple

The Fence

One of the most intriguing things about the Tabernacle is that, regardless of all its requirements, patterns and glorious purposes; it was still fenced all around. The fence is said to have been made of fine twined linen hung on pillars which supported this linen fence. Biblically, linen represents righteousness (**see Revelations 19:8**).

In relation to you, these pillars circling the Tabernacle are your supports and strengths of wisdom, discernment, knowledge, patience and self control. The high perimeter fence is your wall of righteous deeds. Metaphorically, a fence indicates confinement and boundaries.

“A person without self-control is like a city with broken-down walls.”

- Proverbs 25:28 (NLT)

As an illustration, absence of these pillars is like having a beautiful big house with no doors or door locks. Anyone can come in at any-time to take whatever they want and leave. Additionally, you yourself can become a prisoner in your own beautiful house fearing that someone might walk in at any-time

to steal from you or even to kill you.

How terrible is it when everyone can come into your personal space and life because there are no boundaries. When you cannot find nor use the key and lock of wisdom which validates a 'no' to intruders.

Sadly, so many women are living like this. Some have great personalities, ambitions, looks, education, intelligence and even careers. Yet, there are no boundaries in their lives. They are so fearful of leaving a man who is abusing, dis-respecting or using them. The pillars of boldness, virtue and wisdom have been corroded in their lives through negligence. Whether rich or poor, famous or ordinary, young or old, slim or obese; thieves are coming in their lives and taking advantage of the broken down and fallen fence. Yet, rather than continually building up their levels of boldness and wisdom founded in God's Word, these women choose to listen to bitter advise from bitter women, worldly blogs and Hollywood fantasies. They continue to wallow about how every man is out to use them for sex and complain that there are no-more good men out there.

Please don't be one of them. God loves you so much and can indefinitely provide what you need if you trust Him. If the hairs on your head are numbered (**see Luke 12:7**), how much

A Woman's Body Is A Temple

more your wishes and desires for a good man? You mean so much in God's eyes and when you begin to look intently into His love letter (the bible) and actually have a relationship with the Holy Spirit who lives in you, you will be bold enough, strong enough and wise enough to build a fence of boundaries, to burn bridges, to say no to time-wasters and finally to walk away. You will gain confidence and freedom on how to wait and be expectant for God's best.

“I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.”

- Romans 12:1-2 (NKJV)

Daughter of God, when you start to understand what the Word of God says about you, you are no longer defined by situations, circumstances and opinions but by the Word of God. However, if you don't know what the Word of God says about you, you remain enslaved by situations, experiences, opinions and circumstances. Indeed, as the Word of God fills and renews

Dephne Victorious Madyara

your mind; and the core of your heart, you can walk in the revelation that your body is an instrument of honour. Seeing clear boundaries and differences between what's acceptable, good and perfect. Revelation of God's Word will shift and change your life. You will no longer be clueless, desperate, depressed, purposeless, insecure or empty.

A Woman's Body Is A Temple

The Overall Tabernacle

“Make this Tabernacle and all it's furnishings exactly like the pattern I will show you.”

- Exodus 25:9 (NIV)

The Tabernacle was a sanctuary built by the Israelites with the purpose of God dwelling among them. It represented a place of relationship, fellowship and oneness with God. God spoke to Moses giving him articulate and precise instructions on how this sanctuary was to be built, as shown in **Exodus chapters 25-31**.

The Tabernacle was hedged by poles covered with badger skins, ram skins and goat skins. Similarly to the human body, just as your bones are covered with skin. Inside and outside the Tabernacle, there were various vessels and furnishings that contributed to the functioning of the Tabernacle, just like you have internal organs that cause you to function. The Tabernacle itself was triune, consisting of the Outer Court, Holy Place and Holy of Holies. Just like you are triune, a spirit with a soul, living in a body; 3 in 1.

In the Outer Court there was the Bronze Altar for the sacrifices of sin and the Bronze Laver for cleaning the priest's

hands and feet. In the Holy Place there was the Table of Shew-bread, the Shew-Bread, the Golden Candlestick and the Altar of Incense. Moreover, there was a curtain called 'the veil' that divided the Holy Place from the Holy of Holies, which was the entrance into the Holy of Holies where God's glory would come down. Lastly, in the Holy of Holies was situated the Ark of the Covenant and the Mercy Seat. Consider how favoured the Israelites were to have God Himself dwelling among them. More so, how greatly blessed and loved you and I are in Christ Jesus, to have God dwelling in us! You yourself have become God's Tabernacle built on the foundation of faith in Jesus Christ.

“In accordance with His will He made us His children by the word of truth, so that we might become the most important of His creatures.”

- James 1:18 (ISV)

Your walls are created, formed, built and decorated by the spoken and written Word of God. Therefore, I declare to you that the born again woman is a pattern of God's Word! In Christ, no longer is she a figure of the world's standards, expectations, rules, trends and culture. Your thighs, hips, navel and bosom say with godly boldness, “I will give thanks to You because I have

A Woman's Body Is A Temple

been so amazingly and miraculously made. Your works are miraculous, and my soul is fully aware of this!” (see **Psalm 139:14**). Your heart says, “I've stored up Your word in my heart that I might not sin against You” (see **Psalm 119:11**). Your mind says, “the fear of the Lord is the beginning of wisdom and knowledge of the Holy One is understanding” (see **Proverbs 9:10**). Your eyes humbly say, “Turn away my eyes from beholding vanity (idols and idolatry); and restore me to vigorous life and health in Your ways” (see **Psalm 119:37**). Your lips say, “I will extol the LORD at all times; His praise will always be on my lips” (see **Psalm 34:1**). Your smile says “I am the apple of His eye” (see **Zechariah 2:8**). Your vocabulary and speech says, “I am transformed daily by the renewing of the mind” (see **Romans 12:2**). Your legs say, “praying always in the Spirit with all kinds of prayer” (see **Ephesians 6:18**). Indeed, even in 6 inch heels, the born again woman's feet are saying “Your word is a lamp to guide my feet and a light for my path” (**Psalm 119:105**).

Nevertheless, let me remind you that just as the Israelites built their own Tabernacle for God to dwell among them according to the instruction of Moses their deliverer and mediator, you too are not exempt from building. Hence, you have a responsibility of building yourself up through your Mediator and Deliverer, Jesus Christ (the Word of God), in order for God

Dephne Victorious Madyara

the Holy Spirit who lives in you, to fully display His brilliance and power through your life to others for His glory. Building in such a way that your mind (will and emotions) are in alignment with your recreated spirit. As it is written:

“So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.”

- Romans 8:6 (NLT)

(If you don't know how to build yourself up or what this means please purchase the study guide for this book titled : A Woman's Body Is A Temple - The Study Guide & Commentary).

A Woman's Body Is A Temple

The Outer Court

The biblical Outer Court consisted of the gate into the Outer Court, the Brazen Altar for the sacrifices of sin and the Brazen Laver which was a washing basin for the hands and feet of the priests. In your own life there is an Outer Court. It is a place where different types of guys approach you, showing their interest in you. However, it's the decision you implement and actions you take with the interest each guy is showing you, that matters. It's written:

“For many are called but few are chosen.”

- Matthew 22:14 (NKJV)

This principle must apply to you in your Outer Court remembering that it's not every guy friend who says to you “I like you” or “I love you” that should get your attention, consent and time. It's not every guy who is interested in you that must immediately take you out on a date.

Though it is unfortunate, sadly, not everyone is going to hear God say with an audible voice, “this is the one” or “this is your husband”, when it comes to finding Mr right. As for those who do hear those words, in most cases, it's really their own

Dephne Victorious Madyara

desires speaking and not God. So then, for most of us who don't hear God audibly, we have to apply wisdom and understanding that comes from God's Word in order to be sure we are not dealing with a luke warm guy. Therefore, in this chapter you will learn how to screen out the time wasters from the genuine guy friend and this process begins at the gate of the Outer Court; the entrance of your life.

A Woman's Body Is A Temple

The Gate – place of friendship

The Tabernacle had only one gate, which was supported by the fence made up of many pillars all around the Tabernacle. This gate faced east and was the only entrance which allowed the Israelites to enter into the Outer Court of the Tabernacle. The gate symbolises Jesus Christ:

“Jesus said to him, “I am the Way, the Truth and the Life. No one comes to the Father except through Me.”

- John 14:6 (NKJV)

Furthermore, it had 4 colours which were white, blue, purple and scarlet. They represented the four gospels of Jesus Christ. Purple represented the gospel of Matthew which reveals Jesus as the King, scarlet represented the gospel of Luke which reveals Jesus as God's Sacrifice for sin, white represented the gospel of Mark which reveals Jesus as the perfect Man and blue represented the gospel of John which reveals Jesus as the Son of God. It is at this gate that decisions and choices are made; it is the realm of thoughts – the mind.

I remember when I was a child in my home country. I

would go out to play after school with other children from my neighbourhood but my dad had a rule that by 6pm our gate must be shut and I must be indoors because by then it would have been dark outside. I was aware of this rule and not only did I honour it with understanding but I also revered it.

Likewise, Jesus Christ is the authority of your gate. This means that His rules, wisdom and requirements are implemented at the entrance of your life; the gate. However, you have to be completely aware of His wisdom and requirements in order for your decisions and choices to be centred around Him because God gave everyone freewill. Thus, when you truly have understanding that Jesus Christ is your gate, there are some people you won't allow to enter into your life.

Furthermore, the gate is an 'entrance'. It controls the flow of what goes in and out by being open or closed. Hence, it is you yourself who decides who you open your gate to enter your personal space, to occupy your thoughts and life. You choose who you want to let in to share, build and influence you.

Indeed, it's at this entrance where potential friendships are authorised based on similarities, interests, values and environments. At the gate, people are potentially entering your space, your sphere and your area of influence. They are in a